

Durham Senior Games & SilverArts Showcase

Official Entry Form



*“You don’t stop playing because you grow old...
You grow old because you stop playing.”*

EVENT DATES

April 13– April 30, 2015

Early Bird Registration – Save \$2

February 16 - March 9, 2015

Registration Dates

March 10—March 30, 2015

For more information call (919) 560-4355 ext. 27232

DPR Weather Line: (919) 560-4636



**Coordinated by Durham Parks and Recreation Department in partnership with
HUMANA, the Durham Center for Senior Life, NC Cooperative Extension,
and Durham Arts Council**

2015 Durham Senior Games Events Schedule April 13 – April 30, 2015

Monday 13 Booce 9 a.m. Sandy Creek Park	Tuesday 14 Track Events: 7 a.m. 5K Run 9 a.m. 5K Walk Hillside High School 100M Dash 800M Run 200M Dash 1500M Run 400M Dash 1500M Walk Field Events: Shot Put Discus Football Throw Softball Throw Standing Long Jump Running Long Jump Fun Walk: After track and field arrive at 11:00 a.m.	Wednesday 15 Horseshoes: 9 a.m. Campus Hills Croquet: 11 a.m. Campus Hills	Thursday 16 Pickleball: 9 a.m. Waltham Recreation Center Badminton: 1 p.m. Edison Johnson Recreation Center	Friday 17 Shuffleboard: 9 a.m. WD Hill Billiards: 11:30 a.m. – 2:00 p.m. Bailey's	Saturday 18 Track and Field Rain Date: Hillside High School (same schedule as Tuesday) Sunday 19 Cycling: 9 – 1:30 p.m. School for Creative Arts (1 mile, 5K, 10K)
Monday 20 Basketball Shooting: 9 a.m. WD Hill Recreation Center Basketball 3 on 3: 6:30 p.m. WD Hill Recreation Center	Tuesday 21 Softball: 9 a.m. Pineywood Tennis: Hope Valley Country Club 3 p.m. – Mixed 4 p.m. – Combo Doubles 4:30 p.m. - Singles	Wednesday 22 Rain Date: Horseshoes & Croquet	Thursday 23 Rain Date: Softball	Friday 24 Bowling: 9 a.m. Village Lanes 12 p.m. – Doubles 1:30 p.m. – Mixed Doubles	Saturday 25 No events
Monday 27 SilverArts Set-Up 9 a.m. Golf Hillandale 8:30 a.m. Rain Date: Tennis	Tuesday 28 Cornhole 9 a.m. Holton Rain Date: Golf	Wednesday 29 Table Tennis: 9 a.m. Campus Hills Racquetball: 10:30 a.m. Campus Hills Swimming: 1 p.m. Campus Hills	Thursday 30 Rain Date: Booce SilverArts Awards and Games Closing Ceremony: 5:30 – 7:30 p.m. Durham Arts Council		

Durham SENIOR GAMES & SilverArts Showcase

Durham Parks and Recreation
101 City Hall Plaza, Durham, N.C. 27701
(919) 560.4355 ext. 27232

Greetings Athletes and Artists!

Durham Parks and Recreation would like to invite you to participate in the 2015 Durham Senior Games and SilverArts program. Participants can fulfill their dream to win the gold by competing in various sports and arts events on April 13-30.

This program is an Olympic style competition designed to give mature adults the opportunity to compete in a host of athletic and artistic activities in various locations in Durham. Fitness, fun and community building are among the many goals of the games.

This year we are proud to introduce a number of new and exciting changes. For the first time in the history of the Durham games, we are accepting registrations from persons 50 and older. In addition, our partner agencies are proud to offer more than thirty sports/events and twenty art forms. Pickleball and Softball are among the new activities offered.

Whether you are a serious competitor or you only participate for fun, there is something for everyone! With your help, support, advice and participation this will be the best year ever.

This community program is supported by NC Cooperative Extension, Durham Center for Senior Life, HUMANA and the Durham Arts Council. If you know of a business or agency who would like to “join the cause,” please share their information with us.

Thank you in advance for your participation and we will see you at the Durham Senior Games and SilverArts Showcase.

Sincerely,

Bridgette Robinson

Bridgette Robinson,
DSG Coordinator

Sincerely,

Steve Jones

Steve Jones,
SilverArts Chair

Durham Senior Games Celebration

The **SilverArts Showcase** is a part of the Durham Senior Games and provides competition in Literary, Visual, Heritage and Performing Arts. The purpose of the SilverArts is to celebrate the creative spirit of mature adults through competition.

The **SilverArts and Games Opening Ceremony** will be held at Lyon Park on April 13, 2015 from 5:30 p.m. – 7:30 p.m.

SilverArts Visual and Heritage Artwork will be showcased at the Durham Arts Council at 120 Morris St., from 1 p.m. on Monday April 27 through 7:30 p.m. on Thursday, April 30, 2015.

The **SilverArts Awards and Games Closing Ceremony** for Heritage, Literary, and Visual Arts will be held on Thursday, April 30, 2015 at the Durham Art Council from 5:30 p.m. – 7:30 p.m. for all winners in the **SilverArts** events.

Don't miss these festive events!

Admission is FREE! For more information, contact the DSG Office 919-560.4355 ext. 27232.

SilverStriders Fun Walk

A non-competitive, 1-mile recreational walk will take place at Hillside High School on the day of Track and Field events, on Tuesday, April 14, 2015. To participate, please arrive on or before 11 a.m.

Information to Know for 2015

Bowling - Village Lanes in Durham are offering all games (singles, doubles and mixed doubles) including small lunch for the low price of **\$10**.

New for 2015—Pickleball and Softball will be new events. Pickleball will held at Walltown Park Recreation Center and Softball will be held at PineyWood. Refer to the events schedule for dates and times.

Category Requirements

Heritage Arts

- Entries must be the work of the individual and should not be a group effort.
- Entries must be original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Latch hook rugs and pieces from ceramic molds will not be accepted.
- Framed works can be no larger than 36” x 42,” including the matting and frame.
- Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.
- The Heritage Arts piece entered at the State Finals must be the same piece that won during the Local Games.

Literary Arts

- All entries must be typed, double-spaced, on 8-1/2 x 11 size paper and have a minimum of 1” margins. The work must be a minimum font size of 10-point type.
- Poems can be no longer than 40 lines.
- Short stories, essays and life experiences can be no longer than 8 pages, typed and double-spaced.
- All entries must have a title page, which includes title of work, sub-category and name of artist.
- The artist’s name should not appear on the content pages.

Visual Arts

- All artwork, except sculpture, must be framed, securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 35” x 42,” including matting and frame.
- Entries can be no heavier than 50 pounds.
- Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).
- Freestanding entries must be able to be displayable in an area 3’ (W) x 3’ (L) x 5’ (H).
- The art piece must be an original work, not a print.
- If on-site assembly is required, details must be specified on the information form for prior approval.

Performing Arts

- An artist may have only one entry in each sub-category. This means that an artist could participate in a group and individual performance in a sub-category.
- Performing entries are limited to 3 minutes of on-stage time. **Exceeding the time limit will result in automatic disqualification. Timing begins with the first note of music or the first movement visible to the audience and ends with the exit of the last performer from the stage or final movement of the act.**
- Performing entries may be one of the following: soloists, small group (2-4 performers) or large group (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 50 will be permitted on stage and each accompanist must be a registered participant.
- Voice presentations must be a live performance by the artist. Background music can be taped. Lip-synching is not permitted as a performing art.
- **Cheerleading entries are limited to four minutes of stage time.**

General Information

WHAT IS DURHAM SENIOR GAMES MISSION AND GOALS?

This program is sanctioned by North Carolina Senior Games, Inc. (NCSG) and is sponsored statewide by the North Carolina Division of Aging. The program offers:

- A year round wellness program for persons 50 years and better that began in 1983
- Opportunities for participation in sports, arts and social activities
- A chance to make new friends and renew old friendships

WHO IS ELIGIBLE?

To participate in the Senior Games you must be 50 years of age or better on or before December 31, 2015. Proof of age may be required upon request. Participants must be a Durham County resident for a minimum of 3 consecutive months of the year. All team/doubles events and SilverArts are open to individuals outside of Durham. However, at least 50% of the group/team must be a resident from Durham County.

For sporting events, men and women compete in separate categories in the following age brackets based on age as of December 31, 2015.

50-54	55-59	60-64	65-69	70-74	75-79
	80-84	85-89	90-94	95-99	100+

SilverArts competitors are not divided into categories based on age or gender.

In the doubles/team events the age of the youngest player is used to determine the age group for competition. No substitute partners are allowed. You must compete with the partner indicated on the Official Entry Form.

HOW DO I ENTER?

1. Durham Senior Games (DSG) must **receive** your Official Entry Form by **5 p.m. on Monday, March 30, 2015**. The deadline is strictly enforced in fairness to all participants. Late entries will be returned if received after **March 30**.

Pick up a registration form from the following locations:

- ⇒ Durham Parks & Recreation Main Office (400 Cleveland St.)
- ⇒ Holton Career and Resource Center (401 N. Driver St.)
- ⇒ Walltown Neighborhood Center (1308 W. Club)
- ⇒ W.D. Hill Recreation Center (Fayetteville St.)
- ⇒ The Community Family Life Recreation Center at Lyon Park (1309 Halley St.)
- ⇒ Campus Hills (2000 S. Alston Avenue)
- ⇒ Edison Johnson Recreation Center, 500 W. Murray Avenue
- ⇒ Download a form after February 16, 2015 from Durham Parks and Recreation website www.dprplaymore.org

All participants must complete and sign the Official Entry Form

Athletic and sporting event participants must also complete the **Events** registration page

SilverArtists must complete the **SilverArts** registration page

Enclose a check payable to: **The City of Durham**

Bring your form to the Walltown Park Recreation Center on 1308 W. Club Blvd., or mail it to:

Attention: Durham Parks and Recreation, Attn: Durham Senior Games, 400 Cleveland St., Durham, NC 27701

ENTRY FEES

Early bird deadline: Monday March 9, 2015 (save \$2 off the registration fee)

Final Entry deadline: Monday, March 30, 2015 Entry fee does not include golf and bowling fees

\$12.50 City Resident, Play More Card*

\$17 Non-City Resident, Play More Card *

\$14 City Resident, No Play More Card

\$19 Non- City Resident, No Play More Card

* PlayMore Card rate is the discounted rate for persons that have purchased the PlayMore Benefits Card, for more information about this call us at **919-560.4355 ext. 27232.**

WHAT DO I RECEIVE?

As a participant, your entry fee includes a DSG t-shirt, a keepsake, sponsor giveaways and entry in all events, except for the additional fees necessary for bowling and golf! Goodie bag pick-up will be April 9 and April 10 at Walltown Park Recreation Center from 9 a.m. – 2 p.m.

WHAT ABOUT AWARDS ON THE LOCAL AND STATE LEVEL COMPETITION?

Medals are awarded to the first, second, and third place finalists by division for all events except the SilverStriders Fun Walk. Winning a gold, silver, or bronze medal in sanctioned athletic events will qualify you to represent the Durham Senior Games at the N. C. Senior Games State Finals competition. For Visual and Heritage Arts, winning first, second, or third place will qualify you to represent Durham Senior Games at the State Finals. First and second place winners in Literary Arts will be eligible for the State Finals. The performance act awarded “Best in Show” will be eligible to qualify for the State Finals. Durham Senior Games will not release awards to anyone other than the winning participant. Persons who qualify for State Finals may pick up their NCSG registration info by **May 11, 2015** at the Walltown Park Recreation Center. Persons wishing to compete at State Finals must submit their entry to NC Senior Games by **August 1, 2015.**

IMPORTANT INFORMATION

Confirmation of registration will be sent out weekly beginning February 23, 2015. If you have not received your letter by April 6, please contact the DSG office at 919.560.4355 ext. 27232.

Durham Senior Games officials reserve the right to cancel any event or combine age groups because of insufficient registration.

No events will be delayed for latecomers. Match time is forfeit time and refunds will not be granted for no-shows.

The safety and sportsmanlike conduct of everyone is of paramount concern. Durham Senior Games officials have the authority to disqualify, and/or remove from current and future Durham Senior Games programs anyone who exhibits inappropriate behavior or a condition of medical concern.

WHAT IF IT RAINS?

Durham Senior Games officials reserve the right to cancel or postpone events due to inclement weather or any unusual or extenuating circumstance. There will be no refunds for cancelled or postponed events. We have set rain dates for most events, and will make every effort to follow the established DSG schedule. Come prepared for all types of weather. **Call 560-4636** during the Games for a recording of any schedule updates.

***“You don’t stop playing because you grow old...
You grow old because you stop playing.”***

Eligibility

- All SilverArts entries must be the original work of the artist. The work must be created after the artist is age 50 and must be completed within 2 years of the Local Games’ qualifying date.
- Previous SilverArts work will not be considered.
- You may enter up to 7 pieces, with a maximum of 2 entries per sub-category.
- Entries can be no heavier than 50 pounds.
- All entries, except framed work, must be displayable in an area 3’(W) x 3’(L) x 5’(H).
- DSG has the right to refuse any or all art pieces that are deemed inappropriate.
- Artist’s name and title of entry must appear on, or be attached to the back of all entries for identification (Except for literary pieces; identification will be on cover page).
- See “Category Requirements” on page 9 for requirements specific to each category.

Submission

- **Visual and Heritage Arts** entries must be submitted on **Monday, April 27, 2015** between **9 a.m.** and **1 p.m.** at the Durham Arts Council on 120 Morris Street.
- **Literary** entries should be **submitted with registration by March 30, 2015** and you **must include 3 copies** (for judging). ***No late entries will be accepted.***

Performing Arts Rehearsal

- The stage will be open for rehearsal **Monday, April 13, 2015** at CFLRC Lyon Park from 8:30 a.m. to 4:30 p.m. Call the DSG office at 919-560.4355 ext. 27232 to reserve a rehearsal slot.

Judging

- Visual, Heritage and Literary Judging will be ongoing and closed to the public.
- Judges will not see identifying information on Visual, Heritage, and Literary Art.
- Cheerleading and Performing Art will be judged during competition at CFLRC on April 13, 2015.

SilverArts Showcase

- All artwork will be showcased at the Durham Art Council from Monday, April 27, 2015 - Thursday, April 30, 2015.

Awards Ceremony

- Winners in the Literary, Visual, Heritage, Cheerleading, and Performing Arts categories will be presented awards at the Closing Award Celebration on Thursday, April 30, 2015 from 5:30 p.m. – 7:30 p.m. at the Durham Arts Council on 120 Morris Street.

Artwork Pick-up

- Friday, May 1, 2015 between 9 a.m. - 11 a.m.

Registration Fee Information

Do not mail cash

Please make check payable to **The City of Durham**. All refund requests must be made in writing. Refunds will not be provided for **“No Shows.”**

ENTRY FEE: REQUIRED FOR ALL PARTICIPANTS

Please note: If you need assistance with entry fee, please contact 919.560.4355 ext. 27232 and request a Fee Waiver Application.

Early Bird Registration Fees from February 16– March 9 (See below)

\$10.50 CR PC _____ \$15 NCR PC _____
(City Resident Play More Card) (Non-City Resident Play More Card)

\$12 CR NPC _____ \$17 NCR NPC _____
(City Resident No Play More Card) (Non-City Resident No Play More Card)

Registration Fees from March 10 – March 30 (See below)

\$12.50 CR PC _____ \$17 NCR PC _____
(City Resident Play More Card) (Non-City Resident Play More Card)

\$14 CR NPC _____ \$19 NCR NPC _____
(City Resident No Play More Card) (Non-City Resident No Play More Card)

Extra Fee for 2X-Large T-Shirt \$1.00 _____ Golf Fee \$24.00
Extra Fee for 3X-Large T-Shirt \$2.00 _____ Bowling Fee \$10.00

Add totals here for registration and extra fees (2X, 3X T-shirt, golf, or bowling)

Registration fee \$ _____
Extra Fee(s) _____ Grand Total: \$ _____

Medical/Health Information

Optional: The information will only be shared with medical care staff if or when needed.

Names of Medications:	Your Medical Conditions:
	Your Allergies:



Please have photo ID, a list of medications, medical conditions, allergies, and proof of insurance with you at all events, in case of emergency.

EMERGENCY CONTACT:

Name: _____ Phone: (____) _____

Durham Senior Games Official Entry Form

(Please print clearly or type)

____ I am a **new** participant; this is my first year participating in Durham Senior Games

First Name Middle Initial Last Name Age as of December 31, 2015 Date of Birth

Street Address City/State/Zip Code

Telephone # _____ Email Address _____ Gender: Female _____ Male _____

If you were recruited or invited by someone, who? _____
My ethnicity: (optional) ____ African American ____ American Indian or Alaska Native ____ Hispanic ____ White
____ Asian ____ Native Hawaiian or other Pacific Islander ____ Unknown/Refused
My annual household income is less than \$11,490 (1 person in household) ____ Yes No response ____
My annual household income is less than \$15,510 (2 people in household) ____ Yes

____ I have enclosed a Fee Waiver. The fee waiver is available to anyone receiving support through the Durham County Department of Social Services (DSS) and may be used for waiver of the Entry Fee for Durham Senior Games / Silver Arts .

T-Shirt (Men’s sizes): ____Medium ____Large ____X-Large ____2X-Large (\$1 extra) ____3X-Large (\$2 extra)

Statement of Release/Liability Waiver for DSG Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in the 2015 Durham Senior Games/SilverArts and related events and activities, the undersigned acknowledges and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEE or other, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately;
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next to kin, HEREBY RELEASE AND HOLD HARMLESS THE Durham Senior Games, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, volunteers, advertisers, and if applicable, owners and lessors of premises used to conduct the event (“Releases”), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss of damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEE OR OTHERWISE.
5. I will not hold Durham Senior Games or its representatives responsible for loss, theft, or damage to SilverArts entries. All entries not picked up at the designated time will become the property of Durham Senior Games.
6. I understand that it is **my** responsibility to check with my Local Senior Games Coordinator immediately following Durham Local Senior Games to determine if I qualified for State Finals, and to get a State Finals Packet. Entry Forms and payment must be **received in** the North Carolina Senior Games office in Raleigh, by 5 p.m. on **August 1, 2015**. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure that I am registered.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Print Name Signature Date

WAIVER MUST BE SIGNED AND DATED TO PROCESS THIS FORM

By entering the Durham Senior Games, I grant Durham Senior Games and its sponsors the right to use my name, quotes, and pictures taken of me during the Games, without remuneration.

Events Registration

Please mark the events you would like to enter with a check. If an additional fee is charged, it will

Badminton
(Edison Johnson Recreation Center)
___ Singles
___ Doubles _____
(Partner’s Name)
___ Mixed _____
(Partner’s Name)
___ Need A Partner

Basketball
(W.D. Hill Recreation Center)
___ Basketball Free Throw
___ Basketball 3 on 3

(Team Name Required)

Billiards
(Bailey’s Restaurant)
___ Singles

Cornhole
(Holton)
___ Singles

Croquet
(Campus Hills)
___ Singles

Cycling
(School for Creative Arts)
___ 1 Mile
___ 5K
___ 10K

Racquetball
(Campus Hills)
___ Singles

Table Tennis
(Campus Hills Recreation Center)
___ Singles
___ Doubles _____
(Partner’s Name)
___ Mixed _____
(Partner’s Name)
___ Need A Partner

Swimming
(Edison Johnson Aquatic Center)
___ Freestyle 50yd
___ Freestyle 100yd
___ Freestyle 200yd

___ Backstroke 50yd
___ Backstroke 100yd
___ Backstroke 200yd

___ Breaststroke 50yd
___ Breaststroke 100yd
___ Breaststroke 200yd

___ Butterfly 50yd
___ Butterfly 100yd
___ Butterfly 200yd

___ Individual Medley 100yd
___ Individual Medley 200yd

Tennis
(Hope Valley Country Club)
___ Singles
___ Doubles _____
(Partner’s Name)
___ Mixed _____
(Partner’s Name)
___ Need A Partner

Track and Field

Track
(Hillside High School)
___ 100M Dash ___ 200M Dash
___ 400M Dash ___ 800M Dash
___ 1500M Race Walk
___ 1500M Run ___ 5K Run
___ 1500K Walk ___ 5K Walk
___ Silver Striders Fun Walk

Field
___ Shot Put ___ Discus
___ Standing Long Jump
___ Football Throw
___ Softball Throw
___ Running Long Jump

Horseshoes
(Campus Hills Recreation Center)
___ Singles

Shuffleboard
(WD Hill)
___ Singles

Golf
(Hillandale)
___ Handicap _____

* To qualify for State Finals, golfers need to meet a minimum performance score (MPS) and finish in the top 3 of their age group. The MPS is available from the event coordinator.

Golf Fee - \$24.00
(Includes green fees and cart)

Bowling
(Village Lanes)
___ Singles
___ Doubles _____
(Partner’s Name)
___ Mixed _____
(Partner’s Name)
___ Need A Partner

Bowling Fee - \$10
(Includes all events and a kid’s meal)

Bocce
(Sandy Creek)
___ Singles

Softball Team
(Pineywood)

(Team Name Required)

Pickleball
(Walltown)
___ Singles
___ Doubles _____
(Partner’s Name)

SilverArts Registration

Please note: You may enter up to seven (7) pieces, with a maximum of two entries per sub-category. *Place a check beside the sub-categories you are entering and list a title for **each** piece. You must have a unique title for **each** piece. “TBA” is not acceptable.

___ Artist contact information will be displayed with the artwork at the exhibition. Check here if you do not want this information displayed.

Visual Arts
___ Oil

___ Acrylics

___ Watercolor

___ Drawing

___ Pastels

___ Sculpture

___ Mixed Media

___ Traditional Photography

Heritage Arts
___ Quilting

___ Needlework

___ Knitting

___ Crocheting

___ Basket weaving

___ Rugs (hooked, braided, woven)

___ Pottery

___ Woodcarving

___ Woodturning

___ Jewelry Making

Literary

___ Poetry

___ Short Story

___ Essay/Article

___ Life Experience

Local Arts

___ Digital Photography

___ Ceramics

Please Note: For the Literary category, 3 copies of writing samples are required with registration. The Local Arts categories are not eligible for the NCSG State Finals.

Performing Arts
Name of the Group: _____
Title of Performance: _____

___ Vocal ___ Dance ___ Line Dancing ___ Comedy/Drama
___ Instrumental ___ Cheerleading ___ Small Group (4 or less) ___ Medium Group (5-10)
___ Large Group (11 or more)
___ Solo ___ Group (2-4) ___ Group (5 or more)

REQUIRED: Submit a brief introductory statement about your act for use at the SilverArts Showcase.